

# MAY

## Pre-K Menu

# ANNOUNCEMENTS

100 % Juices and Low Fat Milk Available Daily at Breakfast

Low Fat Milk and Condiments Available Daily at Lunch

Did you know?

Water makes up about 60% of your body weight. It's important to stay hydrated during the hot summer months. Aim for 6-8 cups of water every day and even more if you are staying active.



Questions or Comments?

Patty Felix, Director of Dining Services  
Phone: 520-720-6741



**ISFE** This institution is an equal opportunity provider.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1** Lunch  
Spaghetti w/Meat Sauce  
Peas & Carrots  
Orange Slices  
  
Breakfast  
Whole Grain Pancakes

**2** Lunch  
Corn Dog  
Steamed Carrots  
Peach Cup  
  
Breakfast  
Big Bite

**3** Lunch  
Ham & Cheese Sandwich  
w/Crackers  
Green Beans  
Orange Slices  
  
Breakfast  
Bagel w/Peanut Butter

**4** Lunch  
Pepperoni Pizza  
Steamed Corn  
Fresh Apple  
  
Breakfast  
French Toast Sticks

**5** Lunch  
Cheesy Nachos  
Green Peas  
Banana  
  
Breakfast  
Cheesy Omelet

**8** Lunch  
Chicken Nuggets w/Roll  
Corn  
Orange Slices  
  
Breakfast  
Cheesy Omelet

**9** Lunch  
Crispy Popcorn Chicken  
w/Roll  
Green Beans  
Apple  
  
Breakfast  
Whole Grain Pancakes

**10** Lunch  
Corn Dog  
Carrots  
Peach Cup  
  
Breakfast  
English Muffin w/Peanut Butter

**11** Lunch  
Pepperoni Pizza  
Peas & Carrots  
Orange Slices  
  
Breakfast  
French Toast Sticks

**12** Lunch  
Hamburger  
Green Peas  
Banana  
  
Breakfast  
Cinnamon Toast Crunch

**15** Lunch  
Turkey & Cheese Sandwich  
Carrots  
Fresh Apple  
  
Breakfast  
Pancakes

**16** Lunch  
Hamburger  
Green Peas  
Orange Slices  
  
Breakfast  
Egg Ham & Cheese Sandwich

**17** Lunch  
Chicken Nuggets  
Peas & Carrots  
Apple  
  
Breakfast  
French Toast Sticks

**18** Lunch  
Pepperoni Pizza  
Corn  
Orange Slices  
  
Breakfast  
Muffin w/Peanut Butter

**19** Lunch  
Corn Dog  
Green Beans  
Banana  
  
Breakfast  
Golden Graham Cereal

**22** Lunch  
Cheeseburger  
Buttered Corn  
Pears Cup  
  
Breakfast  
Egg & Cheese Sandwich

**23** Lunch  
Popcorn Chicken w/Roll  
Green Beans  
Apple  
  
Breakfast  
Yogurt w/Graham Crackers

**24** Lunch  
Corn Dog  
Carrots  
Fresh Apple  
  
Breakfast  
Pancakes

**25** Lunch  
Pepperoni Pizza  
Green Peas  
Orange Slices  
  
Breakfast  
Big Bite

**26** Lunch  
Hot Dog  
Baby Carrots  
Peach Cup  
Condiments  
  
Breakfast  
French Toast Sticks

**29**

**30**

**31**

Menu is subject to change.

Reduced Sugar Cereals Available Daily at Breakfast

